The Great Kindness Challenge

Student Name 學生姓名: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Class 班級：\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 January 16 – February 13, 2022

Take a month. Have fun and complete as many kind acts as you can. Create a kinder world. 

Honestly make a check “V” mark on the items you achieve on a daily basis.

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Kind Acts | 1/16 | 1/17 | 1/18 | 1/19 | 1/20 | 1/21 | 1/22 | 1/23 | 1/24 | 1/25 |
| 1. Deposit bamboo savings bank 存竹筒
 |  |  |  |  |  |  |  |  |  |  |
| 1. Eat more veggie food 多蔬食
 |  |  |  |  |  |  |  |  |  |  |
| 1. Use no more disposable plastic 不用免洗餐具
 |  |  |  |  |  |  |  |  |  |  |
| 1. Say “Thank you” to a volunteer 對志工說謝謝
 |  |  |  |  |  |  |  |  |  |  |
| 1. Greet or smile at people 對人招呼、多微笑
 |  |  |  |  |  |  |  |  |  |  |
| 1. Thank a driver 謝謝載我的司機
 |  |  |  |  |  |  |  |  |  |  |
| 1. Help clean up at home or at community 幫忙清潔家裡或社區
 |  |  |  |  |  |  |  |  |  |  |
| 1. Give Away / Donate supplies 把自己不用的新舊物品捐獻或送人
 |  |  |  |  |  |  |  |  |  |  |
| 1. Help others to learn 幫助別人學習
 |  |  |  |  |  |  |  |  |  |  |
| 1. Create & Write your own kind deed 寫下任何您設計又做到的善行
 |  |  |  |  |  |  |  |  |  |  |

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Kind Acts | 1/26 | 1/27 | 1/28 | 1/29 | 1/30 | 1/31 | 2/1 | 2/2 | 2/3 | 2/4 |
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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Kind Acts | 2/5 | 2/6 | 2/7 | 2/8 | 2/9 | 2/10 | 2/11 | 2/12 | 2/13 |
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| 1. Thank a driver 謝謝載我的司機
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| 1. Help clean up at home or at community 幫忙清潔家裡或社區
 |  |  |  |  |  |  |  |  |  |
| 1. Donate needed supplies 把自己不用的新舊物品捐獻或送人
 |  |  |  |  |  |  |  |  |  |
| 1. Help others to learn 幫助別人學習
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